

2019 MARYLAND SENIOR OLYMPICS - 9/14/19
Hosted by Montgomery County Recreation
Germantown Indoor Swim Center
Results - MSO

Event 1 Women 50-54 400 Yard IM

NATL: 4:43.11 & 4/9/16 ELLEN REYNOLDS

Name	Age	Team	Seed Time	Finals Time
1 Zien, Livia	53	St. Petersburg, FL	6:04.50	6:07.01
			39.17 1:23.33 (44.16) 2:14.38 (51.05) 3:04.91 (50.53)	
			3:53.19 (48.28) 4:41.70 (48.51) 5:24.61 (42.91) 6:07.01 (42.40)	

Event 1 Men 50-54 400 Yard IM

MSO: 5:13.01 # 2016 Gregory Strouse
NATL: 4:16.57 & 5/2/14 DARREN PHELAN

1 Elshafei, Emad	53	Columbia, MD	4:55.00	4:52.35 #
			32.11 1:07.53 (35.42) 1:45.95 (38.42) 2:24.21 (38.26)	
			3:05.07 (40.86) 3:45.83 (40.76) 4:20.20 (34.37) 4:52.35 (32.15)	

Event 1 Men 60-64 400 Yard IM

NATL: 4:24.24 & 5/2/14 RICK COLELLA

1 Swiger, Ralph	63	Leesburg, VA	8:20.00	7:59.71
			57.80 1:59.62 (1:01.82) 3:04.01 (1:04.39) 4:06.57 (1:02.56)	
			5:11.99 (1:05.42) 6:18.08 (1:06.09) 7:10.43 (52.35) 7:59.71 (49.28)	

Event 1 Men 70-74 400 Yard IM

MSO: 7:14.18 # 2016 David Robinson
NATL: 5:09.21 & 4/12/19 ALEK SHESTAKOV

1 Harmon, David	70	Washington Grove, MD	6:25.10	6:31.46 #
			44.97 1:37.52 (52.55) 2:29.24 (51.72) 3:17.96 (48.72)	
			4:13.22 (55.26) 5:07.57 (54.35) 5:50.73 (43.16) 6:31.46 (40.73)	

Event 1 Men 75-79 400 Yard IM

NATL: 5:43.80 & 4/15/16 MIKE FRESHLEY

1 Robinson, David	76	Kensington, MD	7:50.00	7:48.24
			52.08 1:51.50 (59.42) 2:49.01 (57.51) 3:47.27 (58.26)	
			4:56.63 (1:09.36) 6:04.97 (1:08.34) 6:56.58 (51.61) 7:48.24 (51.66)	

Event 2 Women 50-54 50 Yard Backstroke

MSO: 34.19 # 1999 Martha Betz
NATL: 27.04 & 5/10/13 LESLIE LIVINGSTON

1 Ratcliffe, Caroline	53	Bethesda, MD	47.00	39.99
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Event 2 Women 55-59 50 Yard Backstroke

MSO: 35.11 # 9/15/18 Heidi Henning
NATL: 28.14 & 10/30/16 LESLIE LIVINGSTON

1 Henning, Heidi	59	Bethesda, MD	34.90	34.42 #
2 Mazyck, Carla	59	Crofton, MD	57.00	54.81

Event 2 Women 60-64 50 Yard Backstroke

MSO: 39.05 # 1997 Nancy Brown
NATL: 29.58 & 4/26/15 LAURA VAL

1 Eckrich, Linda	63	Germantown, MD	NT	44.24
2 Hunt, Ellen	64	Fairfax, VA	1:00.00	51.72

Event 2 Women 65-69 50 Yard Backstroke

MSO: 41.59 # 2011 Christine Jorgensen
NATL: 29.65 & 5/12/18 LAURA VAL

1 Noyes, Penny	65	Bowling Green, KY	30.60	30.50 #
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Results - MSO**Event 2 Women 70-74 50 Yard Backstroke**

MSO: 41.58 # 2006 Nancy Brown

NATL: 34.60 & 5/12/18 MARGARET TOPPEL

1	Andrews, Lynne	72	Gaithersburg, MD	43.00	45.88
2	Jorgensen, Christine	74	Annapolis, MD	49.80	48.55
3	Lucas, Jane	74	Virginia Beach, VA	50.00	49.36

Event 2 Women 75-79 50 Yard Backstroke

MSO: 47.05 # 9/7/13 Nancy Brown

NATL: 40.25 & 4/30/00 DORIS STEADMAN

1	Foley,Carolynn	76	Annapolis, MD	51.53	52.99
2	Carter, Linda	77	Potomac, MD	NT	1:01.79

Event 2 Women 80-84 50 Yard Backstroke

MSO: 49.55 # 2016 Nancy Brown

NATL: 43.57 & 4/19/09 BETTY LORENZI

1	Whalen, Nana	82	Severna Park, MD	1:31.40	1:12.55
2	Zien, Suzy	83	Silver Spring, MD	1:32.00	1:35.57
3	Needle, Susan	81	Baltimore, MD	NT	1:41.52

Event 2 Women 85-89 50 Yard Backstroke

MSO: 56.73 # 9/19/15 Jill Coleman

NATL: 46.77 & 2/9/13 BETTY LORENZI

1	Brady, Mary Jean	85	Gaithersburg, MD	NT	1:17.92
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Event 2 Men 55-59 50 Yard Backstroke

MSO: 26.31 # 2016 Clay Britt

NATL: 25.30 & 3/23/19 FRITZ BEDFORD

1	He, Lei	56	Ellicott City, MD	36.00	34.28
2	Holl, Kenneth	56	Bowie, MD	NT	45.73

Event 2 Men 65-69 50 Yard Backstroke

MSO: 34.75 # 1986 William Melville

NATL: 27.74 & 5/23/10 RICHARD ABRAHAMS

1	Bass, Dennis	67	Emmitsburg, MD	NT	40.92
2	Schewe, Phillip	69	Silver Spring, MD	46.70	44.85

Event 2 Men 70-74 50 Yard Backstroke

MSO: 38.77 # 2003 Donald Rice

NATL: 29.72 & 4/26/15 RICHARD BURNS

1	Wright, Stephen	70	Pittsburgh, PA	36.00	37.43 #
2	Meyer, Jerry	70	Catonsville, MD	38.50	38.85

Event 2 Men 75-79 50 Yard Backstroke

MSO: 40.47 # 9/20/14 Marshall Greer

NATL: 30.90 & 4/26/19 RICHARD BURNS

1	Robinson, David	76	Kensington, MD	42.00	45.52
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Event 2 Men 80-84 50 Yard Backstroke

MSO: 39.77 # 9/20/14 Skip Monsein

NATL: 34.49 & 4/29/16 YOSHI OYAKAWA

1	Gillen, Neal	82	Potomac, MD	NT	56.12
2	Wang, Weitong	81	Gaithersburg, MD	1:21.80	1:15.54
3	Hiban, Arthur	84	Montgomery Village, MD	NT	1:20.33

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Results - MSO**Event 3 Women 50-54 200 Yard Breaststroke**

MSO: 3:22.67 # 2006 Ann Linz

NATL: 2:29.92 & 2/20/12 CAROLINE KRATTLI

1	Zien, Livia	53	St. Petersburg, FL	2:56.10	2:57.51 #
	41.35	1:26.45 (45.10)	2:11.87 (45.42)	2:57.51 (45.64)	

Event 3 Women 55-59 200 Yard Breaststroke

MSO: 3:25.70 # 2014 Kathleen Capron

NATL: 2:40.19 & 5/10/09 CATHERINE KOHN

1	Elshafei, Donna	55	Columbia, MD	3:36.00	3:29.81
	48.73	1:42.29 (53.56)	2:35.94 (53.65)	3:29.81 (53.87)	

Event 3 Women 60-64 200 Yard Breaststroke

MSO: 3:37.87 # 2005 Christine Jorgensen

NATL: 2:44.73 & 4/26/15 LO KNAPP

1	Blubaugh, Diane	63	Pasadena, MD	3:59.10	4:06.96
	56.05	1:59.85 (1:03.80)	3:04.53 (1:04.68)	4:06.96 (1:02.43)	

Event 3 Women 70-74 200 Yard Breaststroke

MSO: 3:53.47 # 9/19/15 Carolyn Foster

NATL: 3:07.28 & 2/2/09 JOANN LEILICH

1	Burns, Suzi	72	Ruckersville, VA	4:11.10	4:10.50
	1:00.06	2:04.50 (1:04.44)	3:09.52 (1:05.02)	4:10.50 (1:00.98)	
2	Bethea, Jullianne	71	Colmar Manor, MD	NT	7:12.21
	1:35.25	3:28.48 (1:53.23)	5:22.15 (1:53.67)	7:12.21 (1:50.06)	
3	Johnston, Jennifer	72	Annandale, VA	8:20.00	8:07.24
	1:53.64	8:07.24 (6:13.60)			

Event 3 Women 75-79 200 Yard Breaststroke

MSO: 4:37.16 # 9/7/13 Nancy Brown

NATL: 3:16.31 & 4/5/14 JOANN LEILICH

1	Libby, Joan	78	Annapolis, MD	NT	5:47.83
		1:24.99 ()	2:57.29 (1:32.30)	5:47.83 (2:50.54)	

Event 3 Men 50-54 200 Yard Breaststroke

MSO: 2:32.81 # 9/19/15 Clay Britt

NATL: 2:07.25 & 3/30/14 DAVID GUTHRIE

1	Lin, Hai	54	Potomac, MD	4:30.00	4:35.53
	54.42	2:05.07 (1:10.65)	3:23.66 (1:18.59)	4:35.53 (1:11.87)	

Event 3 Men 60-64 200 Yard Breaststroke

MSO: 2:50.98 # 9/20/14 Mark Wright

NATL: 2:16.71 & 5/3/14 RICK COLELLA

1	Luo, Gang	60	North Potomac, MD	3:19.50	3:12.23
	44.54	1:31.85 (47.31)	2:21.39 (49.54)	3:12.23 (50.84)	
2	Swiger, Ralph	63	Leesburg, VA	3:45.00	3:51.71
	55.46	1:54.04 (58.58)	2:54.77 (1:00.73)	3:51.71 (56.94)	

Event 3 Men 65-69 200 Yard Breaststroke

MSO: 3:01.07 # 9/16/17 Charlie Hoffman

NATL: 2:16.70 & 4/29/17 RICK COLELLA

1	Jackson, Joseph	66	Capitol Heights, MD	NT	4:37.26
	1:00.48	2:11.87 (1:11.39)	3:26.27 (1:14.40)	4:37.26 (1:10.99)	

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Results - MSO**Event 3 Men 80-84 200 Yard Breaststroke**

MSO: 5:23.84 # 2004 Esko Halliha

NATL: 3:09.84 & 3/12/16 DAVID COSTILL

1 Fligsten, Ken 81 Arnold, MD 6:10.00 5:52.04

Event 4 Women 50-54 100 Yard Freestyle

MSO: 1:04.26 # 9/7/13 Anne Schulte

NATL: 53.60 & 4/29/16 FALL WILLEBOORDSE

1 Levitan, Danielle 50 Silver Spring, MD NT 1:16.08
36.25 1:16.08 (39.83)**Event 4 Women 55-59 100 Yard Freestyle**

MSO: 1:05.10 # 9/20/14 Anne Schulte

NATL: 54.72 & 5/4/08 LAURA VAL

1 Henning, Heidi 59 Bethesda, MD 1:09.70 1:07.59
33.35 1:07.59 (34.24)
2 Kelleher, Karin 58 Chevy Chase, MD 1:31.40 1:18.94
37.42 1:18.94 (41.52)
3 Mazyck, Carla 59 Crofton, MD 1:42.00 1:33.60
46.20 1:33.60 (47.40)**Event 4 Women 60-64 100 Yard Freestyle**

MSO: 1:13.57 # 1998 Nancy Brown

NATL: 56.45 & 4/29/12 LAURA VAL

1 Mayhugh, Mary Lowe 63 Washington, DC 1:20.00 1:15.90
35.57 1:15.90 (40.33)
2 Schirmer, Jenny 60 Virginia Beach, VA 1:31.00 1:33.56
44.84 1:33.56 (48.72)**Event 4 Women 65-69 100 Yard Freestyle**

MSO: 1:17.53 # 9/15/18 Myriam Pero

NATL: 57.88 & 5/12/18 LAURA VAL

1 Noyes, Penny 65 Bowling Green, KY 57.90 58.67 #
27.97 58.67 (30.70)
2 Sutton, Suzanne 66 Derwood, MD 2:00.00 1:48.91
52.24 1:48.91 (56.67)**Event 4 Women 70-74 100 Yard Freestyle**

MSO: 1:12.75 # 9/16/17 Dale Barnhard

NATL: 1:06.03 & 4/26/19 MARGARET TOPPEL

1 Lucas, Jane 74 Virginia Beach, VA 1:25.00 1:27.80
42.07 1:27.80 (45.73)
2 Jorgensen, Christine 74 Annapolis, MD 1:44.40 1:41.93
47.05 1:41.93 (54.88)**Event 4 Women 75-79 100 Yard Freestyle**

MSO: 1:34.69 # 2006 Caroline Coleman

NATL: 1:16.23 & 4/24/05 GAIL ROPER

1 Foley,Carolynn 76 Annapolis, MD NT 1:45.46
49.98 1:45.46 (55.48)
2 Carter, Linda 77 Potomac, MD NT 2:07.41
1:01.39 2:07.41 (1:06.02)
3 Libby, Joan 78 Annapolis, MD NT 2:10.73
1:04.90 2:10.73 (1:05.83)

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Results - MSO**(Event 4 Women 75-79 100 Yard Freestyle)**

4	Davidge, Mary Jean	79	Gaithersburg, MD	NT	2:17.85
	1:04.20	2:17.85	(1:13.65)		
5	Clarke, Gloria	75	Oxon Hill, MD	2:30.40	2:49.38
	1:15.26	2:49.38	(1:34.12)		

Event 4 Women 80-84 100 Yard Freestyle

MSO: 1:45.66 # 9/15/18 Nancy Brown

NATL: 1:22.34 & 12/13/15 JOHNNIE DETRICK

1	Rowse, Flora	84	Monrovia, MD	NT	2:11.34
	59.43	2:11.34	(1:11.91)		
2	Whalen, Nana	82	Severna Park, MD	2:14.10	2:18.76
	1:04.54	2:18.76	(1:14.22)		
3	Needle, Susan	81	Baltimore, MD	NT	3:59.25

Event 4 Women 85-89 100 Yard Freestyle

MSO: 2:11.25 # 2005 Doris Russell

NATL: 1:31.20 & 4/12/14 NAN BOHL

1	Brady, Mary Jean	85	Gaithersburg, MD	NT	2:47.73
2	Martin, Sara	89	Germantown, MD	4:00.00	3:42.01

Event 4 Men 60-64 100 Yard Freestyle

MSO: 1:00.35 # 2009 Roger Leonard

NATL: 49.14 & 5/22/05 RICHARD ABRAHAMS

1	Loman, Jeffrey	62	Bethesda, MD	1:30.00	1:20.57
	38.49	1:20.57	(42.08)		
2	Luo, Gang	60	North Potomac, MD	NT	1:38.81
	47.07	1:38.81	(51.74)		

Event 4 Men 65-69 100 Yard Freestyle

MSO: 1:03.43 # 9/20/14 David Harmon

NATL: 49.42 & 5/22/10 RICHARD ABRAHAMS

1	Lantz, Leon	66	Sykesville, MD	1:04.00	1:07.58
	32.63	1:07.58	(34.95)		
2	Jackson, Joseph	66	Capitol Heights, MD	NT	2:15.88
	55.87	2:15.88	(1:20.01)		

Event 4 Men 70-74 100 Yard Freestyle

MSO: 1:10.72 # 9/7/13 David Robinson

NATL: 54.58 & 4/26/15 RICHARD ABRAHAMS

1	Wright, Stephen	70	Pittsburgh, PA	1:09.00	1:09.18#
	33.31	1:09.18	(35.87)		
2	Lowe, Jet	73	Baltimore, MD	1:20.20	1:16.41
	36.89	1:16.41	(39.52)		

Event 4 Men 75-79 100 Yard Freestyle

MSO: 1:14.73 # 1992 Norris Fluke

NATL: 58.68 & 5/10/09 DAVID RADCLIFF

1	Shay, Barry	79	Silver Spring, MD	NT	1:34.83
	45.06	1:34.83	(49.77)		

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Results - MSO**Event 4 Men 80-84 100 Yard Freestyle**

MSO: 1:30.40 # 1996 William Boykin

NATL: 1:04.60 & 5/3/14 DAVID RADCLIFF

1	Gillen, Neal	82	Potomac, MD	NT	1:45.65
	51.47	1:45.65 (54.18)			
2	Walderman, Howard	81	Columbia, MD	2:10.00	2:15.51
	1:04.29	2:15.51 (1:11.22)			
3	Hiban, Arthur	84	Montgomery Village, MD	NT	2:32.19

Event 5 Women 50-54 200 Yard Butterfly

NATL: 2:15.18 & 5/17/02 LAURA VAL

1	Zien, Livia	53	St. Petersburg, FL	3:02.30	3:06.34
	44.05	1:31.65 (47.60)	2:21.67 (50.02)	3:06.34 (44.67)	

Event 5 Men 65-69 200 Yard Butterfly

NATL: 2:08.94 & 4/9/17 RICK COLELLA

1	Swenson, Richard	66	Catonsville, MD	3:29.90	3:42.75
	48.04	1:42.43 (54.39)	2:40.83 (58.40)	3:42.75 (1:01.92)	

Event 6 Women 50-54 50 Yard Breaststroke

MSO: 37.55 # 9/7/13 Anne Schulte

NATL: 31.61 & 4/14/18 S VON DER LIPPE

1	Zien, Livia	53	St. Petersburg, FL	39.60	37.79
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Event 6 Women 55-59 50 Yard Breaststroke

MSO: 36.95 # 9/20/14 Anne Schulte

NATL: 32.13 & 4/30/17 CAROLINE KRATTLI

1	Knight, Janet	57	Charlottesville, VA	NT	59.50
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Event 6 Women 60-64 50 Yard Breaststroke

MSO: 43.20 # 2010 Patricia Sprankle

NATL: 33.79 & 5/7/17 MELINDA MANN

1	Eckrich, Linda	63	Germantown, MD	NT	50.45
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Event 6 Women 70-74 50 Yard Breaststroke

MSO: 39.44 # 9/16/17 Dale Barnhard

NATL: 39.44 & 9/16/17 DALE BARNHARD

1	Andrews, Lynne	72	Gaithersburg, MD	53.20	54.39
2	Burns, Suzi	72	Ruckersville, VA	51.50	54.75
3	Johnston, Jennifer	72	Annandale, VA	1:38.00	1:59.22

Event 6 Women 75-79 50 Yard Breaststroke

MSO: 55.76 # 1995 Mimi Lee

NATL: 41.53 & 4/13/14 JOANN LEILICH

1	Libby, Joan	78	Annapolis, MD	NT	1:16.36
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Event 6 Women 80-84 50 Yard Breaststroke

MSO: 1:03.62 # 1990 Else Mattila

NATL: 45.10 & 3/31/19 JOANN LEILICH

1	Zien, Suzy	83	Silver Spring, MD	1:22.10	1:22.85
2	Davis, Judith	80	Rockville, MD	2:00.00	1:25.16
3	Needle, Susan	81	Baltimore, MD	NT	1:53.13

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Results - MSO**Event 6 Men 55-59 50 Yard Breaststroke**

MSO: 34.13 # 2009 Thomas Matysek

NATL: 26.32 & 4/27/19 CARLO TRAVAINI

1 Arthur, Patrick 57 North Chesterfield, VA NT 48.63

Event 6 Men 60-64 50 Yard Breaststroke

MSO: 34.32 # 9/20/14 Ed McCleskey

NATL: 28.30 & 2/11/18 BRUCE KONE

1 Luo, Gang 60 North Potomac, MD 40.00 40.41

2 Swiger, Ralph 63 Leesburg, VA 45.00 46.15

Event 6 Men 65-69 50 Yard Breaststroke

MSO: 36.82 # 9/16/17 Charlie Hoffman

NATL: 28.88 & 5/11/18 RICK COLELLA

1 Lantz, Leon 66 Sykesville, MD 38.00 40.32

2 Jackson, Joseph 66 Capitol Heights, MD NT 56.96

Event 6 Men 70-74 50 Yard Breaststroke

MSO: 38.02 # 9/20/14 Hank Cole

NATL: 31.70 & 4/30/16 ROBERT STRAND

1 Lowe, Jet 73 Baltimore, MD 43.90 44.54

Event 6 Men 75-79 50 Yard Breaststroke

MSO: 40.86 # 2006 Kenneth Flynn

NATL: 34.58 & 3/5/17 MIKE FRESHLEY

1 Schnuit, Martin 77 Glen Burnie, MD NT 45.03

2 Corsello, Richard 79 Street, MD NT 1:01.02

3 Harrison, Jr, Maurice 79 Baltimore, MD NT 1:13.10

Event 6 Men 80-84 50 Yard Breaststroke

MSO: 52.89 # 2006 Alexander Eremchu

NATL: 37.74 & 3/12/16 DAVID COSTILL

1 Wang, Weitong 81 Gaithersburg, MD NT 1:19.51

Event 6 Men 85-89 50 Yard Breaststroke

MSO: 58.11 # 2013 Mark Khazanov

NATL: 42.72 & 3/7/10 FRANK PIEMME

1 Khazanov, Mark 86 Rockville, MD NT 1:05.66

Event 7 Women 60-64 200 Yard IM

MSO: 3:00.65 # 1996 Nancy Brown

NATL: 2:25.40 & 3/4/12 LAURA VAL

1 Blubaugh, Diane 63 Pasadena, MD 3:51.10 3:52.02

58.37 1:57.79 (59.42) 2:57.55 (59.76) 3:52.02 (54.47)

Event 7 Men 50-54 200 Yard IM

MSO: 2:12.10 # 9/8/12 Clay Britt

NATL: 1:58.19 & 3/11/17 MIKE IRVIN

1 Elshafei, Emad 53 Columbia, MD 2:18.00 2:18.69

31.28 1:06.68 (35.40) 1:46.84 (40.16) 2:18.69 (31.85)

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Results - MSO**Event 7 Men 70-74 200 Yard IM**

MSO: 3:13.69 # 2004 Yu-Jin Lee

NATL: 2:24.56 & 4/13/19 ALEK SHESTAKOV

1	Harmon, David	70	Washington Grove, MD	2:58.80	3:02.66 #
	42.16	1:28.40 (46.24)	2:22.99 (54.59)	3:02.66 (39.67)	

Event 8 Women 50-54 100 Yard Backstroke

MSO: 1:29.68 # 1997 Kathryn Gregory

NATL: 59.19 & 3/18/16 FALL WILLEBOORDSE

1	Ratcliffe, Caroline	53	Bethesda, MD	1:37.00	1:22.77 #
	41.50	1:22.77 (41.27)			

Event 8 Women 55-59 100 Yard Backstroke

MSO: 1:16.76 # 9/15/18 Heidi Henning

NATL: 1:00.80 & 4/30/17 KARLYN PIPES

1	Henning, Heidi	59	Bethesda, MD	1:17.30	1:14.63 #
	36.63	1:14.63 (38.00)			
2	Mazyck, Carla	59	Crofton, MD	1:55.00	1:52.63
	55.11	1:52.63 (57.52)			

Event 8 Women 60-64 100 Yard Backstroke

MSO: 1:25.69 # 1997 Nancy Brown

NATL: 1:03.72 & 5/12/13 LAURA VAL

1	Foley, Linda	64	Potomac, MD	1:45.00	1:38.17
	47.64	1:38.17 (50.53)			

Event 8 Women 65-69 100 Yard Backstroke

MSO: 1:32.35 # 2010 Christine Jordan

NATL: 1:03.96 & 5/11/18 LAURA VAL

1	Sutton, Suzanne	66	Derwood, MD	3:00.00	2:10.00
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Event 8 Women 70-74 100 Yard Backstroke

MSO: 1:33.20 # 9/15/18 Margot Pettijohn

NATL: 1:14.57 & 5/11/18 MARGARET TOPPEL

1	Jorgensen, Christine	74	Annapolis, MD	1:48.50	1:47.37
	51.95	1:47.37 (55.42)			

Event 8 Women 75-79 100 Yard Backstroke

MSO: 1:40.00 # 9/8/12 Nancy Brown

NATL: 1:27.70 & 4/15/11 NANCY BROWN

1	Foley,Carolynn	76	Annapolis, MD	NT	1:56.92
	56.04	1:56.92 (1:00.88)			
2	Carter, Linda	77	Potomac, MD	NT	2:13.75
3	Libby, Joan	78	Annapolis, MD	NT	2:15.40
	1:08.64	2:15.40 (1:06.76)			

Event 8 Women 80-84 100 Yard Backstroke

MSO: 1:49.43 # 2016 Nancy Brown

NATL: 1:32.37 & 4/19/09 BETTY LORENZI

1	Rowse, Flora	84	Monrovia, MD	NT	2:26.48
	1:09.80	2:26.48 (1:16.68)			
2	Whalen, Nana	82	Severna Park, MD	2:42.40	2:34.44
	1:15.53	2:34.44 (1:18.91)			

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MSO: 2:23.58 # 2011 Sarah Allnut

NATL: 1:40.00 & 2/10/13 BETTY LORENZI

1 Brady, Mary Jean 85 Gaithersburg, MD NT 2:52.39

Event 8 Men 60-64 100 Yard Backstroke

MSO: 1:13.81 # 2008 Roger Leonard

NATL: 57.46 & 4/30/16 TOM BARTON

1 Swiger, Ralph 63 Leesburg, VA 1:45.00 1:46.05
53.77 1:46.05 (52.28)**Event 8 Men 70-74 100 Yard Backstroke**

MSO: 1:25.12 # 9/7/13 David Robinson

NATL: 1:05.25 & 5/11/18 HUGH WILDER

1 Wright, Stephen 70 Pittsburgh, PA 1:20.00 1:19.96 #
38.54 1:19.96 (41.42)2 Meyer, Jerry 70 Catonsville, MD 1:25.00 1:24.49 #
39.96 1:24.49 (44.53)**Event 8 Men 75-79 100 Yard Backstroke**

MSO: 1:26.30 # 1992 Norris Fluke

NATL: 1:07.31 & 4/28/19 RICHARD BURNS

1 Robinson, David 76 Kensington, MD 1:36.00 1:38.67
47.75 1:38.67 (50.92)2 Walker, Craig 79 Redlands, CA NT 3:20.96
1:37.22 3:20.96 (1:43.74)**Event 8 Men 80-84 100 Yard Backstroke**

MSO: 1:29.62 # 9/20/14 Skip Monsein

NATL: 1:15.69 & 3/11/17 DAVID COSTILL

1 Gillen, Neal 82 Potomac, MD NT 2:10.78
1:04.33 2:10.78 (1:06.45)2 Wang, Weitong 81 Gaithersburg, MD 2:51.30 2:52.75
1:24.87 2:52.75 (1:27.88)3 Hiban, Arthur 84 Montgomery Village, MD NT 3:04.40
1:21.28 3:04.40 (1:43.12)**Event 9 Women 55-59 50 Yard Butterfly**

MSO: 32.59 # 9/20/14 Anne Schulte

NATL: 27.04 & 10/30/16 LESLIE LIVINGSTON

1 Knight, Janet 57 Charlottesville, VA NT 52.98

Event 9 Women 60-64 50 Yard Butterfly

MSO: 37.00 # 1996 Nancy Brown

NATL: 27.93 & 5/13/18 TRACI GRANGER

1 Hunt, Ellen 64 Fairfax, VA 1:00.00 49.14

Event 9 Women 65-69 50 Yard Butterfly

MSO: 38.34 # 9/7/13 Margot Pettijohn

NATL: 29.58 & 3/19/17 LAURA VAL

1 Noyes, Penny 65 Bowling Green, KY 29.60 28.94 &

2 He, Kaixin 69 Rockville, MD NT 55.87

2019 MARYLAND SENIOR OLYMPICS - 9/14/19

Hosted by Montgomery County Recreation

Germantown Indoor Swim Center

Results - MSO

Event 9 Men 55-59 50 Yard Butterfly

MSO: 28.34 # 1990 David McIntyre

NATL: 24.00 & 5/1/16 BRUCE KONE

1 He, Lei 56 Ellicott City, MD 32.00 31.66

Event 9 Men 60-64 50 Yard Butterfly

MSO: 26.78 # 9/20/14 Ed McCleskey

NATL: 24.36 & 2/10/18 BRUCE KONE

1 Luo, Gang 60 North Potomac, MD 41.40 44.92

Event 9 Men 65-69 50 Yard Butterfly

MSO: 32.28 # 9/16/17 Charlie Hoffman

NATL: 24.94 & 5/22/10 RICHARD ABRAHAMS

1 Mandour, Saleh 65 Towson, MD 35.00 31.74#

Event 9 Men 75-79 50 Yard Butterfly

MSO: 42.76 # 1994 Norris Fluke

NATL: 28.95 & 4/28/19 RICHARD BURNS

1 Schnuit, Martin 77 Glen Burnie, MD NT 59.17

Event 10 Women 50-54 200 Yard Freestyle

MSO: 2:24.41 # 2010 Gladney McKay

NATL: 1:58.34 & 4/10/16 ELLEN REYNOLDS

1 Ratcliffe, Caroline 53 Bethesda, MD 2:48.00 2:36.58

37.28 1:16.47 (39.19) 1:57.09 (40.62) 2:36.58 (39.49)

2 Levitan, Danielle 50 Silver Spring, MD NT 2:54.30

40.44 2:10.97 () 2:54.30 (43.33)

Event 10 Women 55-59 200 Yard Freestyle

MSO: 2:31.23 # 9/15/18 Heidi Henning

NATL: 1:57.90 & 4/30/17 KARLYN PIPES

1 Henning, Heidi 59 Bethesda, MD 2:31.20 2:28.23#

34.41 1:12.18 (37.77) 1:50.95 (38.77) 2:28.23 (37.28)

2 Elshafei, Donna 55 Columbia, MD 2:42.80 2:36.41

36.28 1:16.12 (39.84) 1:56.69 (40.57) 2:36.41 (39.72)

3 Mazyck, Carla 59 Crofton, MD 3:45.00 3:26.28

47.74 1:41.75 (54.01) 2:35.23 (53.48) 3:26.28 (51.05)

Event 10 Women 60-64 200 Yard Freestyle

MSO: 2:38.91 # 1999 Nancy Brown

NATL: 2:05.75 & 5/22/16 LAURA VAL

1 Mayhugh, Mary Lowe 63 Washington, DC 3:00.00 2:52.45

38.28 1:20.49 (42.21) 2:06.12 (45.63) 2:52.45 (46.33)

2 Foley, Linda 64 Potomac, MD 3:30.00 3:13.07

42.51 1:31.50 (48.99) 2:22.63 (51.13) 3:13.07 (50.44)

Event 10 Women 65-69 200 Yard Freestyle

MSO: 2:52.83 # 9/15/18 Myriam Pero

NATL: 2:07.23 & 5/11/18 LAURA VAL

1 Sutton, Suzanne 66 Derwood, MD 4:00.00 3:51.31

53.69 1:53.08 (59.39) 2:54.04 (1:00.96) 3:51.31 (57.27)

2019 MARYLAND SENIOR OLYMPICS - 9/14/19

Hosted by Montgomery County Recreation

Germantown Indoor Swim Center

Results - MSO**Event 10 Women 70-74 200 Yard Freestyle**

MSO: 2:38.99 # 9/16/17 Dale Barnhard

NATL: 2:27.55 & 5/11/18 CHRISTIE HAYES

1	Jorgensen, Christine	74	Annapolis, MD	3:52.30	3:46.75
	50.02	1:48.60 (58.58)	2:49.33 (1:00.73)	3:46.75 (57.42)	
2	Bethea, Jullianne	71	Colmar Manor, MD	NT	6:53.48
	1:29.12	3:16.36 (1:47.24)	5:05.51 (1:49.15)	6:53.48 (1:47.97)	

Event 10 Women 75-79 200 Yard Freestyle

MSO: 3:18.05 # 9/8/12 Nancy Brown

NATL: 2:53.05 & 3/8/09 RONNIE KAMPHAUSEN

1	Foley,Carolynn	76	Annapolis, MD	NT	3:42.63
	50.62	1:46.39 (55.77)	2:45.79 (59.40)	3:42.63 (56.84)	
2	Libby, Joan	78	Annapolis, MD	NT	5:04.03
	1:09.39	2:31.74 (1:22.35)	5:04.03 (2:32.29)		
3	Clarke, Gloria	75	Oxon Hill, MD	5:49.10	6:59.30
	1:23.91 ()	6:59.30 (5:35.39)			

Event 10 Women 80-84 200 Yard Freestyle

MSO: 4:15.69 # 2000 Doris Russell

NATL: 3:08.41 & 9/23/18 ANNE WILLIAMS

1	Whalen, Nana	82	Severna Park, MD	4:56.30	5:09.39
	1:07.58	2:24.68 (1:17.10)	3:46.36 (1:21.68)	5:09.39 (1:23.03)	

Event 10 Men 60-64 200 Yard Freestyle

MSO: 2:20.63 # 2009 Roger Leonard

NATL: 1:51.08 & 4/24/15 RICK COLELLA

1	Loman, Jeffrey	62	Bethesda, MD	3:00.00	2:54.27
	39.92	1:24.22 (44.30)	2:10.76 (46.54)	2:54.27 (43.51)	

Event 10 Men 65-69 200 Yard Freestyle

MSO: 2:23.01 # 9/15/18 Leon Lantz

NATL: 1:52.57 & 4/30/17 RICK COLELLA

1	Hahne, Reg	66	Columbia, MD	2:15.00	2:26.11
	33.59	1:10.17 (36.58)	1:48.21 (38.04)	2:26.11 (37.90)	
2	Lantz, Leon	66	Sykesville, MD	2:24.00	2:27.04
	34.94	1:11.19 (36.25)	1:48.99 (37.80)	2:27.04 (38.05)	
3	Mandour, Saleh	65	Towson, MD	2:56.00	2:35.28
	35.34	1:14.49 (39.15)	1:56.15 (41.66)	2:35.28 (39.13)	

Event 10 Men 70-74 200 Yard Freestyle

MSO: 2:44.15 # 1988 Norris Fluke

NATL: 2:05.33 & 3/24/19 FRED SCHLICHER

1	Harmon, David	70	Washington Grove, MD	2:31.60	2:34.94 #
	37.07	1:16.94 (39.87)	1:56.38 (39.44)	2:34.94 (38.56)	
2	Lowe, Jet	73	Baltimore, MD	3:00.30	2:54.56
	40.84	2:54.56 (2:13.72)			
3	Berliner, Mitch	71	Potomac, MD	NT	3:43.86
	50.40	1:49.53 (59.13)	2:49.48 (59.95)	3:43.86 (54.38)	

2019 MARYLAND SENIOR OLYMPICS - 9/14/19

Hosted by Montgomery County Recreation

Germantown Indoor Swim Center

Results - MSO**Event 10 Men 75-79 200 Yard Freestyle**

MSO: 2:52.07 # 1993 Norris Fluke

NATL: 2:08.77 & 5/10/09 DAVID RADCLIFF

1	Shay, Barry	79	Silver Spring, MD	NT	3:37.61
	50.76	1:46.30 (55.54)	2:43.69 (57.39)	3:37.61 (53.92)	

Event 10 Men 80-84 200 Yard Freestyle

MSO: 3:33.84 # 1997 William Boykin

NATL: 2:23.60 & 4/12/15 DAVID RADCLIFF

1	Gillen, Neal	82	Potomac, MD	NT	4:12.75
	57.10	2:02.62 (1:05.52)	4:12.75 (2:10.13)		
2	Walderman, Howard	81	Columbia, MD	5:03.00	5:10.46
	1:10.26	2:29.01 (1:18.75)	3:50.63 (1:21.62)	5:10.46 (1:19.83)	
3	Hiban, Arthur	84	Montgomery Village, MD	NT	6:00.84
		2:37.73 ()	4:15.35 (1:37.62)	6:00.84 (1:45.49)	

Event 11 Women 50-54 100 Yard Butterfly

MSO: 1:09.21 # 2010 Elizabeth Hogan

NATL: 1:00.17 & 5/12/13 JILL HERNANDEZ

1	Zien, Livia	53	St. Petersburg, FL	1:20.00	1:21.41
	38.99	1:21.41 (42.42)			

Event 11 Women 60-64 100 Yard Butterfly

MSO: 1:32.52 # 1998 Nancy Brown

NATL: 1:03.59 & 4/27/19 TRACI GRANGER

1	Blubaugh, Diane	63	Pasadena, MD	2:00.10	1:58.64
	55.76	1:58.64 (1:02.88)			

Event 11 Men 60-64 100 Yard Butterfly

MSO: 1:19.96 # 9/15/18 David Friedland

NATL: 54.70 & 5/11/18 PAUL CARTER

1	Luo, Gang	60	North Potomac, MD	NT	1:46.55
	50.48	1:46.55 (56.07)			
2	Swiger, Ralph	63	Leesburg, VA	1:49.00	1:59.58
	57.20	1:59.58 (1:02.38)			

Event 11 Men 65-69 100 Yard Butterfly

MSO: 1:24.49 # 1998 Donald Rice

NATL: 56.36 & 5/21/10 RICHARD ABRAHAMS

1	Swenson, Richard	66	Catonsville, MD	1:33.30	1:42.75
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Event 12 Women 55-59 100 Yard IM

MSO: 1:14.66 # 9/20/14 Anne Schulte

NATL: 1:02.34 & 4/29/17 KARLYN PIPES

1	Elshafei, Donna	55	Columbia, MD	1:32.40	1:24.96
	41.28	1:24.96 (43.68)			

Event 12 Women 60-64 100 Yard IM

MSO: 1:25.82 # 1996 Nancy Brown

NATL: 1:06.74 & 9/15/18 PENNY NOYES

1	Cobb, Dianne	64	Chesapeake, VA	NT	1:33.20
	45.31	1:33.20 (47.89)			
2	Foley, Linda	64	Potomac, MD	1:55.00	1:46.13
	49.71	1:46.13 (56.42)			

2019 MARYLAND SENIOR OLYMPICS - 9/14/19

Hosted by Montgomery County Recreation

Germantown Indoor Swim Center

Results - MSO**Event 12 Women 65-69 100 Yard IM**

MSO: 1:24.94 # 2011 Margot Pettijohn

NATL: 1:09.44 & 2/4/17 LAURA VAL

1	Noyes, Penny	65	Bowling Green, KY	1:07.40	1:07.48&
	31.13	1:07.48	(36.35)		

Event 12 Women 70-74 100 Yard IM

MSO: 1:24.32 # 9/16/17 Dale Barnhard

NATL: 1:14.73 & 6/9/18 MARGARET TOPPEL

1	Lucas, Jane	74	Virginia Beach, VA	1:45.00	1:44.73
	48.91	1:44.73	(55.82)		

Event 12 Women 80-84 100 Yard IM

MSO: 1:58.14 # 9/15/18 Nancy Brown

NATL: 1:42.51 & 4/29/16 JOHNNIE DETRICK

1	Whalen, Nana	82	Severna Park, MD	3:05.20	3:05.51
	1:28.97	3:05.51	(1:36.54)		

Event 12 Men 55-59 100 Yard IM

MSO: 1:04.65 # 1994 David McIntyre

NATL: 55.09 & 4/26/19 CARLO TRAVAINI

1	Arthur, Patrick	57	North Chesterfield, VA	NT	1:47.15
	51.90	1:47.15	(55.25)		

Event 12 Men 60-64 100 Yard IM

MSO: 1:04.17 # 9/20/14 Ed McCleskey

NATL: 57.23 & 5/11/13 RICK COLELLA

1	Brown, Ellis	64	Rosedale, MD	1:31.10	1:28.48
	39.06	1:28.48	(49.42)		

Event 12 Men 65-69 100 Yard IM

MSO: 1:14.62 # 9/20/14 David Harmon

NATL: 57.37 & 4/26/19 RICK COLELLA

1	Schewe, Phillip	69	Silver Spring, MD	1:40.10	1:32.67
	43.74	1:32.67	(48.93)		

Event 12 Men 75-79 100 Yard IM

MSO: 1:36.19 # 2009 Yu-Jin Lee

NATL: 1:08.68 & 9/18/16 MIKE FRESHLEY

1	Schnuit, Martin	77	Glen Burnie, MD	NT	2:00.78
	1:03.49	2:00.78	(57.29)		

Event 12 Men 80-84 100 Yard IM

MSO: 1:59.14 # 2012 Frank Briggs

NATL: 1:14.86 & 4/16/16 DAVID COSTILL

1	Fligsten, Ken	81	Arnold, MD	3:00.00	2:28.23
	1:10.86	2:28.23	(1:17.37)		

Event 13 Women 55-59 200 Yard Backstroke

MSO: 2:43.09 # 9/8/12 Elizabeth Hogan

NATL: 2:11.29 & 4/28/17 KARLYN PIPES

1	Henning, Heidi	59	Bethesda, MD	2:44.00	2:43.13
	37.86	1:19.30	(41.44)	2:01.92	(42.62)
				2:43.13	(41.21)

2019 MARYLAND SENIOR OLYMPICS - 9/14/19

Hosted by Montgomery County Recreation

Germantown Indoor Swim Center

Results - MSO**Event 13 Women 60-64 200 Yard Backstroke**

MSO: 3:00.93 # 1998 Nancy Brown

NATL: 2:19.36 & 4/7/18 BONNIE BILICH

1	Foley, Linda	64	Potomac, MD	3:35.00	3:36.14
		50.45	1:46.34 (55.89)	2:42.57 (56.23)	3:36.14 (53.57)

Event 13 Women 65-69 200 Yard Backstroke

MSO: 3:25.51 # 2010 Christine Jorgens

NATL: 2:23.88 & 5/13/18 LAURA VAL

1	He, Kaixin	69	Rockville, MD	NT	4:14.57
		58.46	2:02.38 (1:03.92)	3:09.41 (1:07.03)	4:14.57 (1:05.16)

Event 13 Women 70-74 200 Yard Backstroke

MSO: 3:14.09 # 9/16/17 Margot Pettijohn

NATL: 2:47.52 & 4/28/17 DIANN UUSTAL

1	Jorgensen, Christine	74	Annapolis, MD	3:50.90	3:51.87
		54.02	1:53.21 (59.19)	2:54.08 (1:00.87)	3:51.87 (57.79)
2	Bethea, Jullianne	71	Colmar Manor, MD	NT	6:22.58
		1:23.11	3:02.41 (1:39.30)	6:22.58 (3:20.17)	

Event 13 Women 75-79 200 Yard Backstroke

MSO: 3:32.44 # 9/8/12 Nancy Brown

NATL: 3:15.04 & 4/15/11 NANCY BROWN

1	Foley,Carolynn	76	Annapolis, MD	4:54.00	4:10.94
		57.48	2:02.81 (1:05.33)	3:08.63 (1:05.82)	4:10.94 (1:02.31)

Event 13 Men 50-54 200 Yard Backstroke

MSO: 2:08.12 # 9/8/12 Clay Britt

NATL: 1:56.18 & 4/13/19 RICK GOULD

1	Elshafei, Emad	53	Columbia, MD	2:14.00	2:18.68
		33.00	1:08.35 (35.35)	1:44.88 (36.53)	2:18.68 (33.80)

Event 13 Men 70-74 200 Yard Backstroke

MSO: 3:04.89 # 9/16/17 Jack Edger

NATL: 2:23.68 & 5/2/14 RICHARD BURNS

1	Wright, Stephen	70	Pittsburgh, PA	2:56.00	2:58.31 #
		42.44	1:27.60 (45.16)	2:14.49 (46.89)	2:58.31 (43.82)
2	Meyer, Jerry	70	Catonsville, MD	3:05.00	3:00.65 #
		40.83	1:27.71 (46.88)	2:14.76 (47.05)	3:00.65 (45.89)

Event 13 Men 75-79 200 Yard Backstroke

MSO: 3:34.14 # 2008 Lou McComas

NATL: 2:27.48 & 4/27/19 RICHARD BURNS

1	Robinson, David	76	Kensington, MD	3:34.00	3:29.31 #
		48.09	1:41.18 (53.09)	2:36.51 (55.33)	3:29.31 (52.80)
2	Walker, Craig	79	Redlands, CA	NT	6:49.20
		1:35.68	3:17.58 (1:41.90)	5:02.97 (1:45.39)	6:49.20 (1:46.23)

Event 13 Men 80-84 200 Yard Backstroke

MSO: 3:25.98 # 9/20/14 Skip Monsein

NATL: 2:48.59 & 3/23/13 BURWELL JONES

1	Gillen, Neal	82	Potomac, MD	NT	4:47.38
		1:08.22	3:34.91 (2:26.69)	4:53.14 (1:18.23)	4:47.38 ()
2	Fligsten, Ken	81	Arnold, MD	5:10.00	5:00.88
		1:09.29		5:00.99 ()	5:00.88 ()

2019 MARYLAND SENIOR OLYMPICS - 9/14/19

Hosted by Montgomery County Recreation

Germantown Indoor Swim Center

Results - MSO**(Event 13 Men 80-84 200 Yard Backstroke)**

3	Hiban, Arthur	84	Montgomery Village, MD	NT	7:38.98
	1:27.65	3:30.40	(2:02.75)	7:38.98	(4:08.58)

Event 14 Women 50-54 100 Yard Breaststroke

MSO: 1:39.60 # 2012 Kathy Capron

NATL: 1:09.21 & 2/18/12 CAROLINE KRATTLI

1	Zien, Livia	53	St. Petersburg, FL	1:20.80	1:22.65 #
	39.97	1:22.65	(42.68)		

Event 14 Women 60-64 100 Yard Breaststroke

MSO: 1:38.18 # 2010 Patricia Sprankle

NATL: 1:16.55 & 5/6/17 MELINDA MANN

1	Blubaugh, Diane	63	Pasadena, MD	1:53.10	1:52.21
	52.75	1:52.21	(59.46)		

Event 14 Women 65-69 100 Yard Breaststroke

MSO: 1:28.98 # 2011 Margot Pettijohn

NATL: 1:20.27 & 4/28/17 CHARLOTTE DAVIS

1	He, Kaixin	69	Rockville, MD	NT	1:51.89
	54.93	1:51.89	(56.96)		

Event 14 Women 70-74 100 Yard Breaststroke

MSO: 1:29.49 # 9/16/17 Dale Barnhard

NATL: 1:25.63 & 5/13/18 DANA BROWN

1	Burns, Suzi	72	Ruckersville, VA	1:53.50	1:58.97
	57.42	1:58.97	(1:01.55)		

2	Johnston, Jennifer	72	Annandale, VA	3:57.00	4:06.23
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Event 14 Women 75-79 100 Yard Breaststroke

MSO: 2:12.45 # 1995 Mimi Lee

NATL: 1:29.24 & 4/11/14 JOANN LEILICH

1	Libby, Joan	78	Annapolis, MD	NT	2:52.64
	1:22.59	2:52.64	(1:30.05)		

Event 14 Women 80-84 100 Yard Breaststroke

MSO: 2:22.41 # 1990 Elsa Mattila

NATL: 1:37.42 & 4/14/19 JOANN LEILICH

1	Rowse, Flora	84	Monrovia, MD	NT	3:01.48
	1:22.14	3:01.48	(1:39.34)		

Event 14 Men 55-59 100 Yard Breaststroke

MSO: 1:15.50 # 2009 Thomas Matysek

NATL: 57.95 & 5/13/18 CARLO TRAVAINI

1	Arthur, Patrick	57	North Chesterfield, VA	NT	1:52.08
	49.90	1:52.08	(1:02.18)		

Event 14 Men 60-64 100 Yard Breaststroke

MSO: 1:14.91 # 9/20/14 Mark Wright

NATL: 1:02.61 & 5/2/14 RICK COLELLA

1	Swiger, Ralph	63	Leesburg, VA	1:44.00	1:43.35
	50.19	1:43.35	(53.16)		

2019 MARYLAND SENIOR OLYMPICS - 9/14/19

Hosted by Montgomery County Recreation

Germantown Indoor Swim Center

Results - MSO**Event 14 Men 75-79 100 Yard Breaststroke**

MSO: 1:38.39 # 2006 Kenneth Flynn

NATL: 1:16.74 & 9/18/16 MIKE FRESHLEY

1	Harrison, Jr, Maurice	79	Baltimore, MD	NT	2:39.73
					1:18.94 2:39.73 (1:20.79)

Event 14 Men 85-89 100 Yard Breaststroke

MSO: 2:27.73 # 9/15/18 Mark Khazanov

NATL: 1:34.67 & 4/18/10 FRANK PIEMME

1	Khazanov, Mark	86	Rockville, MD	NT	2:37.77
					1:20.41 2:37.77 (1:17.36)

Event 15 Women 50-54 50 Yard Freestyle

MSO: 29.21 # 2005 Nancy Sterling

NATL: 24.53 & 3/18/16 FALL WILLEBOORDSE

1	Levitan, Danielle	50	Silver Spring, MD	NT	35.14
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Event 15 Women 55-59 50 Yard Freestyle

MSO: 29.00 # 9/20/14 Anne Schulte

NATL: 25.16 & 4/8/17 SUE WALSH

1	Kelleher, Karin	58	Chevy Chase, MD	39.80	34.81
2	Knight, Janet	57	Charlottesville, VA	NT	42.08
3	Mazyck, Carla	59	Crofton, MD	48.00	42.19

Event 15 Women 60-64 50 Yard Freestyle

MSO: 32.05 # 1996 Nancy Brown

NATL: 26.20 & 5/11/18 PENNY NOYES

1	Cobb, Dianne	64	Chesapeake, VA	NT	33.72
2	Eckrich, Linda	63	Germantown, MD	NT	38.67
3	Hunt, Ellen	64	Fairfax, VA	54.00	42.42

Event 15 Women 65-69 50 Yard Freestyle

MSO: 34.64 # 1997 Betty Brey

NATL: 26.55 & 5/13/18 LAURA VAL

1	Noyes, Penny	65	Bowling Green, KY	26.60	26.73 #
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Event 15 Women 70-74 50 Yard Freestyle

MSO: 37.03 # 2009 Nancy Brown

NATL: 28.72 & 5/11/18 MARGARET TOPPEL

1	Andrews, Lynne	72	Gaithersburg, MD	38.20	37.88
2	Lucas, Jane	74	Virginia Beach, VA	37.00	38.06
3	Jorgensen, Christine	74	Annapolis, MD	46.20	43.38

Event 15 Women 75-79 50 Yard Freestyle

MSO: 41.19 # 1996 Doris Russell

NATL: 33.87 & 4/3/05 GAIL ROPER

1	Carter, Linda	77	Potomac, MD	NT	56.30
2	Davidge, Mary Jean	79	Gaithersburg, MD	NT	1:02.20
3	Clarke, Gloria	75	Oxon Hill, MD	1:04.10	1:13.27

Event 15 Women 80-84 50 Yard Freestyle

MSO: 44.35 # 9/15/18 Nancy Brown

NATL: 34.20 & 12/13/15 JOHNNIE DETRICK

1	Rowse, Flora	84	Monrovia, MD	55.00	57.96
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2019 MARYLAND SENIOR OLYMPICS - 9/14/19

Hosted by Montgomery County Recreation

Germantown Indoor Swim Center

Results - MSO**(Event 15 Women 80-84 50 Yard Freestyle)**

2	Davis, Judith	80	Rockville, MD	NT	1:01.89
3	Whalen, Nana	82	Severna Park, MD	1:24.50	1:02.79

Event 15 Men 60-64 50 Yard Freestyle

MSO: 24.46 # 9/20/14 Ed McCleskey
 NATL: 22.30 & 5/22/05 RICHARD ABRAHAMS

1	Brown, Ellis	64	Rosedale, MD	31.20	31.95
2	Loman, Jeffrey	62	Bethesda, MD	38.00	34.30
3	Luo, Gang	60	North Potomac, MD	34.70	35.34

Event 15 Men 65-69 50 Yard Freestyle

MSO: 29.04 # 9/20/14 David Harmon
 NATL: 22.10 & 5/23/10 RICHARD ABRAHAMS

1	Bass, Dennis	67	Emmitsburg, MD	NT	30.15
2	Schewe, Phillip	69	Silver Spring, MD	32.30	31.19

Event 15 Men 70-74 50 Yard Freestyle

MSO: 31.04 # 2016 Michael Brown
 NATL: 24.13 & 5/4/08 JEFF FARRELL

1	Lowe, Jet	73	Baltimore, MD	37.00	35.73
2	Berliner, Mitch	71	Potomac, MD	40.00	37.39

Event 15 Men 75-79 50 Yard Freestyle

MSO: 32.83 # 1998 Clark Brill
 NATL: 25.58 & 3/4/12 JEFF FARRELL

1	Schnuit, Martin	77	Glen Burnie, MD	NT	40.76
2	Shay, Barry	79	Silver Spring, MD	NT	40.80
3	Crews, Reginald	76	Upper Marlboro, MD	58.00	1:20.86

Event 15 Men 80-84 50 Yard Freestyle

MSO: 36.14 # 1996 William Boykin
 NATL: 28.68 & 4/30/17 FARRELL\FARRELL

1	Gillen, Neal	82	Potomac, MD	NT	43.89
2	Walderman, Howard	81	Columbia, MD	55.60	58.61
3	Hiban, Arthur	84	Montgomery Village, MD	NT	1:17.79

Event 16 Women 50-54 500 Yard Freestyle

MSO: 6:22.93 # 2010 Elizabeth Hogan
 NATL: 5:14.56 & 5/12/13 JILL HERNANDEZ

1	Levitan, Danielle	50	Silver Spring, MD	NT	7:54.05
	41.63	1:27.56 (45.93)	2:15.51 (47.95)	3:04.85 (49.34)	
	3:54.88 (50.03)	4:44.84 (49.96)	5:34.32 (49.48)	6:23.02 (48.70)	
	7:10.85 (47.83)	7:54.05 (43.20)			
2	Herberick, Darcy	51	Pasadena, MD	15:00.00	11:27.62
	53.11	1:55.56 (1:02.45)	3:05.39 (1:09.83)	4:17.40 (1:12.01)	
	5:30.70 (1:13.30)	6:44.64 (1:13.94)	7:57.24 (1:12.60)	9:08.22 (1:10.98)	
	10:20.43 (1:12.21)	11:27.62 (1:07.19)			

2019 MARYLAND SENIOR OLYMPICS - 9/14/19

Hosted by Montgomery County Recreation

Germantown Indoor Swim Center

Results - MSO**Event 16 Women 55-59 500 Yard Freestyle**

MSO: 6:30.06 # 9/8/12 Elizabeth Hogan

NATL: 5:20.68 & 4/29/17 JILL HERNANDEZ

1	Henning, Heidi	59	Bethesda, MD	6:35.50	6:27.48#
	35.84	1:14.36 (38.52)	1:54.11 (39.75)	2:34.03 (39.92)	
	3:13.92 (39.89)	3:53.38 (39.46)	4:32.88 (39.50)	5:12.48 (39.60)	
	5:51.39 (38.91)	6:27.48 (36.09)			

Event 16 Women 60-64 500 Yard Freestyle

MSO: 7:13.04 # 1998 Nancy Brown

NATL: 5:39.00 & 1/26/14 LAURA VAL

1	Schirmer, Jenny	60	Virginia Beach, VA	8:56.00	9:15.69
	49.22	1:44.93 (55.71)	2:42.34 (57.41)	3:41.34 (59.00)	
	4:38.41 (57.07)	5:36.56 (58.15)	6:32.49 (55.93)	7:28.34 (55.85)	
	8:23.92 (55.58)	9:15.69 (51.77)			

Event 16 Women 65-69 500 Yard Freestyle

MSO: 7:31.51 # 2003 Nancy Brown

NATL: 5:52.39 & 5/21/17 LAURA VAL

1	Sutton, Suzanne	66	Derwood, MD	9:50.00	9:51.30
	53.97	1:54.98 (1:01.01)	2:55.94 (1:00.96)	3:55.72 (59.78)	
	4:55.65 (59.93)	5:56.22 (1:00.57)	6:56.32 (1:00.10)	7:56.79 (1:00.47)	
	8:56.73 (59.94)	9:51.30 (54.57)			
2	He, Kaixin	69	Rockville, MD	NT	10:34.79
	55.88	1:56.31 (1:00.43)	2:59.79 (1:03.48)	4:03.26 (1:03.47)	
	5:08.02 (1:04.76)	6:14.13 (1:06.11)	7:17.76 (1:03.63)	8:25.00 (1:07.24)	
	9:31.62 (1:06.62)	10:34.79 (1:03.17)			

Event 16 Women 75-79 500 Yard Freestyle

MSO: 9:11.86 # 9/8/12 Nancy Brown

NATL: 7:32.58 & 5/16/09 RONNIE KAMPHAUSEN

1	Foley,Carolynn	76	Annapolis, MD	NT	10:14.86
	53.43	1:54.57 (1:01.14)	2:55.85 (1:01.28)	3:59.08 (1:03.23)	
	5:02.25 (1:03.17)	6:05.65 (1:03.40)	7:08.86 (1:03.21)	8:12.62 (1:03.76)	
	9:15.60 (1:02.98)	10:14.86 (59.26)			

Event 16 Men 50-54 500 Yard Freestyle

MSO: 5:55.00 # 9/20/14 Gregory Strouse

NATL: 4:47.57 & 5/20/01 JIM MCCONICA

1	Lin, Hai	54	Potomac, MD	11:30.00	10:48.78
	47.89	1:46.68 (58.79)	2:54.39 (1:07.71)	4:04.39 (1:10.00)	
	5:12.21 (1:07.82)	6:20.06 (1:07.85)	7:30.14 (1:10.08)	8:39.58 (1:09.44)	
	9:48.22 (1:08.64)	10:48.78 (1:00.56)			

Event 16 Men 60-64 500 Yard Freestyle

MSO: 6:22.51 # 9/20/14 Mark Wright

NATL: 5:11.17 & 4/29/12 JIM MC CONICA

1	Loman, Jeffrey	62	Bethesda, MD	9:00.00	8:25.23
	41.49	1:28.62 (47.13)		3:11.46 ()	
	4:04.91 (53.45)	4:57.33 (52.42)	5:52.22 (54.89)	6:44.34 (52.12)	
	7:37.41 (53.07)	8:25.23 (47.82)			

2019 MARYLAND SENIOR OLYMPICS - 9/14/19

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Results - MSO

Event 16 Men 65-69 500 Yard Freestyle

MSO: 6:35.99 # 9/15/18 Leon Lantz

NATL: 5:05.44 & 4/9/17 RICK COLELLA

1	Hahne, Reg	66	Columbia, MD	6:20.00	6:37.25
	35.77	1:14.51 (38.74)	1:53.75 (39.24)	2:33.72 (39.97)	
	3:14.14 (40.42)	3:54.59 (40.45)	4:35.66 (41.07)	5:16.56 (40.90)	
	5:58.41 (41.85)	6:37.25 (38.84)			
2	Mandour, Saleh	65	Towson, MD	6:55.00	6:47.99
	36.11	1:17.62 (41.51)	1:59.53 (41.91)	2:41.83 (42.30)	
	3:24.84 (43.01)	4:05.95 (41.11)	4:47.92 (41.97)	5:30.73 (42.81)	
	6:11.59 (40.86)	6:47.99 (36.40)			
3	Lantz, Leon	66	Sykesville, MD	6:35.00	6:48.68
	36.86	1:16.82 (39.96)	1:57.37 (40.55)	2:38.01 (40.64)	
	3:18.96 (40.95)	3:59.91 (40.95)	4:41.00 (41.09)	5:23.83 (42.83)	
	6:06.47 (42.64)	6:48.68 (42.21)			
4	Swenson, Richard	66	Catonsville, MD	7:19.00	7:37.09
	40.25	1:24.25 (44.00)	2:10.67 (46.42)	2:57.29 (46.62)	
	3:45.99 (48.70)	4:31.53 (45.54)	5:17.94 (46.41)	6:05.44 (47.50)	
	6:52.14 (46.70)	7:37.09 (44.95)			

Event 16 Men 70-74 500 Yard Freestyle

MSO: 7:25.12 # 2005 Philip Kerr

NATL: 5:41.21 & 11/4/18 DAN KIRKLAND

1	Lowe, Jet	73	Baltimore, MD	8:20.00	8:34.78
	52.32		2:35.39 ()		
	3:28.41 ()	4:20.80 (52.39)		6:05.57 ()	
	7:46.46 (1:40.89)	8:34.78 (48.32)			

Event 16 Men 75-79 500 Yard Freestyle

MSO: 7:40.09 # 1992 Norris Fluke

NATL: 6:03.87 & 5/8/10 DAVID RADCLIFF

1	Shay, Barry	79	Silver Spring, MD	NT	9:47.70
	55.14	1:56.28 (1:01.14)	2:56.89 (1:00.61)	3:58.11 (1:01.22)	
	4:58.16 (1:00.05)	5:57.07 (58.91)	6:56.29 (59.22)	7:54.74 (58.45)	
	8:52.70 (57.96)	9:47.70 (55.00)			
2	Laskey, Robert	79	Odenton, MD	11:15.00	12:49.01
	1:07.74	2:25.11 (1:17.37)	3:46.29 (1:21.18)	5:03.71 (1:17.42)	
	6:25.49 (1:21.78)	7:41.42 (1:15.93)	9:00.74 (1:19.32)	10:17.84 (1:17.10)	
	11:36.15 (1:18.31)	12:49.01 (1:12.86)			

Event 16 Men 80-84 500 Yard Freestyle

MSO: 9:15.87 # 9/8/12 Burt Bronk

NATL: 6:27.81 & 5/1/14 DAVID RADCLIFF

1	Walderman, Howard	81	Columbia, MD	13:16.00	13:45.44
	1:11.24	2:29.11 (1:17.87)	3:53.13 (1:24.02)	5:20.09 (1:26.96)	
			9:38.21 ()		
	12:26.82 ()	13:45.44 (1:18.62)			