

# 2021 Cycling 10K Results

Held August 4, Davidsonville.

## Women

### 50-54

*Gold*—Caren Bancroft (Gaithersburg), 18:40

### 55-59

*Gold*—Lynne Blake-Hedges (Port Tobacco), 18:56

### 75-79

*Gold*—Jeanne Davis (Earleville), 24:36

## Men

### 50-54

*Gold*—Lars Myren (Williamsport), 17:08

### 55-59

*Gold*—Steve Owens (Baltimore), 16:16

*Silver*—James Babcock (Phoenix), 16:43

*Bronze*—Mark Melanson (Falling Waters, WV), 17:57

*Bronze*—Oliver Edwards (Silver Spring), 20:21

### 60-64

*Gold*—Jim Crowley (Alexandria, VA), 17:30

*Gold*—Jeff Andrews (Chevy Chase), 19:54

*Silver*—Mark Klimovitz (New Windsor), 21:42

4.) Jeff Hammaker (New Cumberland, PA), 25:46

### 65-69

*Gold*—Richard Paukstis (Gambrills), 16:45

*Silver*—Paul Feldman (Place City Here), 17:46

*Bronze*—Stephen Esmacher (Crownsville), 17:55

4.) Christopher Barritt (Mount Airy), 18:19

5.) Keith Shuey (Baltimore), 18:35

6.) Mark Mildorf (Alexandria, VA), 19:36

6.) George Smith (Bethesda), 21:20

7.) Gary Kameika (Millersville), 22:08

8.) Daniel Feldman (Rockville), 25:54

### 70-74

*Gold*—Mark Holt (Williamsburg, VA), 22:57

*Gold*—Don Forgione (Ellicott City), 17:35

*Bronze*—James Hartnett (Gettysburg, PA), 18:39

*Silver*—Michael Fitzsimmons (Sykesville), 18:52

*Bronze*—Jerry Yetter (Columbia), 19:57

4.) Michael Ruckert (Woodbine), 20:12

5.) Paul Lally (Silver Spring), 20:36

6.) Myron Segal (Silver Spring), 22:27

9.) David Messinger (Elizabethtown, PA), 26:11

10.) David Kopp (York, PA), 43:41

**75-79**

*Gold*—John Cox (Parkville), 19:02

*Silver*—Chuck Peddicord (Clarksville), 21:30

**85-89**

*Gold*—James Dupree (Silver Spring), 30:58