



2024 Sprint Triathlon Results

Held Jun 2 at Rock Hall Marina in Rock Hall, MD

Women

50-54

Gold — Ann Young (Arnold)

Silver — Jocelyn Brannan (Edgewater)

Bronze — Jennifer Zanni (Baltimore)

4.) Anne Johnston (Flourtown, PA)

5.) Jessica Lucas-Judy (Falls Church, PA)

6.) Melissa Marx (Takoma Park)

7.) Alina Newland (Millersville)

8.) Sherri Brothers (Alexandria, VA)

9.) Melissa Ensor (Forest Hill)

10.) Kelly Mazzella (Huntingtown)

11.) Katherine Simpson (Davidsonville)

12.) Sue Murphy (Towson)

13.) Teri Ngo (Ashburn, VA)

14.) Joyce Thomas (Potomac)

55-59

Gold — Jocelyn Saunders (Newark, DE)

Silver — Mira Panek (Annapolis)

Bronze — Deborah Johnston (West Chester, PA)

4.) Gerene Behrens (Hyattsville)

5.) Kelly Gauger (Washington, D.C)

6.) Maria Mager (Towson)

7.) Susan Maximuk (Wilmington, DE)

8.) Kimberly Russell (Baltimore)

9.) Bonnie McCready (Falls Church, VA)

10.) Kim Roquemore (Chesapeake, VA)

11.) Francine Barnett (Rockville)

- 12.) Deb Henson (Mechanicsville, PA)
- 13.) Marycel Tuazon (Purcellville, VA)
- 14.) Evelyn MacGrath (Milton, MA)
- 15.) Dawn Reeves (Takoma Park)
- 16.) Kathleen Miller (Aliquippa, PA)
- 17.) Eileen Stasiunas (Avondale, PA)

60-64

- Gold* — Carolyn Classen (Gettysburg, PA)
Silver — Linda Kennedy (Alexandria, VA)
Bronze — Christine MacKrides (Holland, PA)
- 4.) Susan Stallard (Annapolis)
 - 5.) Lisa Dignazio (Columbia)
 - 6.) Phyllis Ryder (Takoma Park)
 - 7.) Melissa Anne Landau (Oak Hill, VA)
 - 8.) Lisa Wynn (Frankford, DE)
 - 9.) Rebecca Frumkin (Olney)
 - 10.) Judith Artman (Upper Marlboro)
 - 11.) Amy Booe (Annapolis)
 - 12.) Nicole Levesque (Silver Spring)
 - 13.) Jo Scherer (Silver Spring)
 - 14.) Margaret Breeding (Harrington, DE)

60-65

- Gold* — Bonnie Stoeckl (Pequea, PA)
Silver — Kris Messner (Malvern, PA)
Bronze — Joni Payne (Danville, PA)
- 4.) Julie Dawley (Culpeper, VA)
 - 5.) Marjorie Adams (Glen Mills, VA)
 - 6.) Beverly Abreu (Hyattsville)
 - 7.) Claudia Kirkup (Annapolis)
 - 8.) Tamara Smith (Luray, VA)
 - 9.) Avis Stettinius (Parkton)
 - 10.) Monica Lepore (Wilmington, DE)
 - 11.) Cathy Witter (North East)
 - 12.) Johana Reed (Ashburn)

70-74

- Gold* — Deanna Carmean (Millsboro, DE)
Silver — Betty Adler (Chevy Chase)

Men

50-54

- Gold* — Jeffrey Loomis (McLean, VA)
Silver — Jon Tower (Middletown, DE)

Bronze — Andrew Lowe (Lebanon, VA)

- 4.) Greg Kimmitt (Purcellville, VA)
- 5.) Tj Rainsford (Baltimore)
- 6.) Harold Harris (Windsor Mill)
- 7.) Robert Jenkins (Towson)
- 8.) Bryan Griffiths (Atglen, PA)
- 9.) Michael Sullivan (Annapolis)
- 10.) Greg Geiger (Solomons)
- 11.) Kevin Nollette (Pasadena)
- 12.) Doug Billingsly (Woodbridge, VA)
- 13.) David Davis (Falls Church, VA)
- 14.) Daniel Peterson (Glenside, PA)
- 15.) Chris Hiltbrand (Herndon, VA)
- 16.) Aaron Blake (Chesapeake)
- 17.) Christopher Hinton-Miller (Olney)
- 18.) Surin Kim (Woodstock)
- 19.) Trey Eckels (Burke, VA)

55-59

Gold — Stephen Eid (Ashburn, VA)

Silver — Blair Saunders (Newark, DE)

Bronze — Steven Smith (Hampton, VA)

- 4.) Jack Smith (Glen Echo)
- 5.) David McCready (Falls Church, VA)
- 6.) Ben Uecker (Sykesville)
- 7.) David Dash (Fulton)
- 8.) James Lutz (Gaithersburg)
- 9.) Eric Berger (Philadelphia, PA)
- 10.) Gregory Seymour (Westmoreland, NH)
- 11.) Michael Harris (Middle River)
- 12.) Charlie Parsons (Leesburg, VA)
- 13.) David Rotstein (Olney)
- 14.) Robert Mark (Lawrenceville, NJ)
- 15.) Daniel Goodrich (Edgewater, MD)
- 16.) Adam Steinberg (Saint Michaels)
- 17.) Brendan Kelly (Cockeysville)

60-64

Gold — Don White (Fuquay-Varina, NC)

Silver — Kenneth Frumkin (Olney)

Bronze — Doug Landau (Herndon, VA)

- 4.) Hans Ruppenthal (Reisterstown)
- 5.) Greg Elman (Cocoa Beach, FL)
- 6.) James Keister (Hyattsville)

- 7.) David Goldstein (Owings Mills)
- 8.) Kevin Keane (Owings Mills)
- 9.) John Bushweller (Crozet, VA)
- 10.) Michael Hanlon (West Chester, PA)
- 11.) John Pettey (Davidsonville)
- 12.) Colin Browne (Annapolis)
- 13.) Kevin O'Connor (Chantilly, VA)
- 14.) Stuart White (Phoenix)
- 15.) Kevin Perkins (Annapolis)
- 16.) Richard Snyder (Annapolis)
- 17.) Joseph Shunk (Stafford, VA)
- 18.) Michael Piorkowski (Glen Mills, PA)
- 19.) William Bowen (Annapolis)
- 20.) Sean Greene (Washington, D.C)
- 21.) Mark Duncan (Annapolis)
- 22.) Jesse Doggett (Catonsville)

65-69

- Gold* — Robert Hartman (Etters, PA)
Silver — Richard Ballinger (Cherry Hill, NJ)
Bronze — Rob Colburn (Ashburn, VA)
- 4.) David Travis (Milton, DE)
 - 5.) Robert Barnwell (Silver Spring)
 - 6.) Mark Van Kirk (McLean, VA)
 - 7.) Robert Nachman (Ellicott City)
 - 8.) Alan Rickard (Chantilly, VA)
 - 9.) Francis Bass (Laurel)
 - 10.) Walter Gianelle (Salisbury)
 - 11.) John McKnight (Chester)
 - 12.) Bob Helwig (Rockville)
 - 13.) Tim Gindling (College Park)

70-74

- Gold* — Ed Jordan (Parsonsburg)
Silver — Dennis Barr (Ridge)
Bronze — John Sener (Takoma Park)
- 4.) Lou Viner (Bethesda)
 - 5.) Randy Rigley (Franklinville, NJ)
 - 6.) Grant Pettrie (Alexandria, VA)
 - 7.) David Ginsburg (Annapolis)
 - 8.) Norman Scherer (Ocean View, DE)
 - 9.) Andy Stapp (Rock Hall)

80-84

Gold — Joel Sherman (Chevy Chase)